

HEALTH EXAMINATIONS

- A. All students entering kindergarten are recommended to have physical examination report on file in the school office by the start of the school year.
- B. Students entering from other school systems are recommended to have a medical examination on file at the school office within thirty (30) days after entering school. A recent medical examination for the previous school district will meet this recommendation.
- C. It is to be recommended to parents/guardians that every student receive an annual dental examination from the family dentist.

Revised: January 13, 2014

EMERGENCIES AND FIRST AID

- A. Parents/guardians of students who may require special care because of health conditions are expected to provide emergency instructions. This information is to be kept in a convenient place in the office and all teachers in the building are to be notified by the principal of the situation and location of the instructions.
- B. A written report of all accidents shall be submitted to the principal's office. The superintendent's office must be notified immediately in the event any District employee or student meets with a serious accident. A written report shall also be submitted by the principal to the superintendent within twenty-four hours of the accident.
- C. An adult is to remain with an injured student until the parents/guardians arrive or until appropriate action is taken.
- D. Students who become ill while in school will not be sent home alone. The parents/guardians or someone designated by the parents/guardians must come to school to take home the ill student.
- E. Procedures for first aid are subject to change per Lafayette County Health Department recommendations.

MEDICATION

- A. Pupils requiring medication at school shall be identified by parents/guardian to the building principal. The principal, in turn, shall direct authority involving the school nurse in the instructing, directing and administration of the medication. This does not prohibit the pupil from assuming the responsibility oneself with the approval of parents/guardians and physician.
- B. After identification of the pupil, the properly appointed representative for the school shall make a parental/guardian contact to identify the type, dosage, and purpose of said medication. If appropriate information is not submitted upon delivery of the medication to the school, the medication may not be administered.
- C. Written statement shall be required of:
 - 1. The parents/guardian, who shall request and authorize the designated school personnel to give medication in the dosage prescribed by the physician.
 - 2. If more knowledge is needed by the school authorities to exercise prudent judgment for the safety and protection of the pupil on medication, permission should be obtained from the parents/guardian to contact the physician directly.
- D. The physician or pharmacist shall be requested by the parents/guardian to supply a properly labeled bottle of medication for the school authorities. The prescribed medication shall be kept in a locked cubicle or other safe place at school. The label on the bottle shall contain the name and telephone number of the pharmacy, the pupil's identification, name of the physician, name of the drug, and the dosage to be given. Taking the medication shall be supervised by the school nurse or other designated school personnel at a time conforming with the physician's order.

Revised: August 6, 2012

Revised: January 13, 2014

COMMUNICABLE DISEASE CONTROL

- A. Regulations as they appear in the Wisconsin State Statutes are to be followed in regard to communicable diseases.
- B. Teachers shall observe students daily for signs of illness. Anyone suspected of having a communicable disease should be sent home from school. Notification shall be given to the Health Department.
- C. Upon reporting to school after an illness, the student will present a written statement signed by the parent/guardian indicating the reason for the absence. Students who have been absent five (5) days or more will be required to have a written statement from the doctor attesting to their fitness to return to school.
- D. Students returning to school should show evidence of fitness to return to school.

Revised: January 13, 2014

IMMUNIZATIONS AND PREVENTIVE MEASURES

- A. The School District will participate in and cooperate with the immunization clinics offered by the Health Department.
- B. Parental permission for immunization will be obtained in accord with prevailing legislation and law.

Revised: January 13, 2014

VISION SCREENING

- A. Elementary students will be vision screened annually per Prevent Blindness Wisconsin guidelines.
- B. Any student will be screened upon parental/guardian request.
- C. The Snellen eye chart is used for the first screening by the School Nurse. The second screening before referral will be done by the School Nurse.

Revised: January 13, 2014

HEARING SCREENING

- A. Hearing screening will be done under the supervision of the Health Department.
- B. Elementary children will be screened each year, per current Wisconsin Department of Health guidelines.
- C. Pupils who fail the first screening test will be retested by the School Nurse. Should a referral be required, the School Nurse will so recommend to the parent/guardian.

Revised: January 13, 2014

HEALTH RECORDS

- A. The school shall maintain health records on each student.
- B. These records will be kept and maintained in the building office in accord with directives from the administration and the School Nurse.

Revised: January 13, 2014

STATE GUIDELINES

The District assures it will comply with prevailing legislation and law as it mandates provision of services for students.

WELLNESS POLICY

Darlington Community School District (hereto referred to as the District) is committed to the optimal development of every student. The District believes that for students to have the opportunity to achieve personal, academic, developmental and social success, we need to create positive, safe and health-promoting learning environments at every level, in every setting, throughout the school year. Research shows that two components, good nutrition and physical activity before, during and after the school day, are strongly correlated with positive student outcomes. This policy outlines the District's approach to ensuring environments and opportunities for all students to practice healthy eating and physical activity behaviors throughout the school day while minimizing commercial distractions.

School Meals

The district is committed to serving healthy meals to children, with plenty of fruits, vegetables, whole grains, and fat-free and low-fat milk; that are moderate in sodium, low in saturated fat, and have zero grams *trans*-fat per serving (nutrition label or manufacturer's specification); and to meet the nutrition needs of school children within their calorie requirements. All schools within the District will participate in USDA child nutrition programs, including the National School Lunch Program (NSLP) and the School Breakfast Program (SBP). All schools within the District are committed to offering school meals through the NSLP and SBP programs, and other applicable Federal child nutrition programs, that:

- The District offers reimbursable school meals that meet [USDA nutrition standards](#). • Drinking water will be available to all students throughout the school day and throughout every school campus, including during mealtimes.
- Students will be allowed at least 10 minutes to eat breakfast and at least 20 minutes to eat lunch, counting from the time they receive their meal and are seated.
- Grades K-4 lunch will follow a recess period to better support learning and healthy eating.
- All school nutrition program staff will meet or exceed hiring and annual continuing education requirements on the USDA professional standards for child nutrition professionals.

Other food available at school

- The foods and beverages sold outside of the school meal programs (i.e. "competitive" foods and beverages) will meet USDA Smart Snacks in School nutrition standards. - All food offered on the school campus will meet or exceed the USDA Smart Snacks in School nutrition standards.

Foods and beverages that meet or exceed the USDA Smart Snacks in Schools nutrition standards may be sold through fundraisers on the school campus during the school day.

Nutrition Promotion

Students and staff will receive consistent nutrition messages throughout schools, classrooms, gymnasiums, and cafeterias. The District will promote healthy food and beverage choices for all students throughout the school campus, as well as encourage participation in school meal programs.

- Implementing at least one or more evidence-based healthy food promotion techniques through the school meal programs.

Any foods and beverages marketed or promoted to students on the school campus (during the school day) will meet or exceed the USDA Smart Snacks in School Nutrition Standards.

Nutrition Education

The District will teach, model, encourage and support healthy eating by all students. Nutrition education is designed to provide students with the knowledge and skills necessary to promote and protect their health.

- Nutrition education will include enjoyable, developmentally-appropriate, culturally relevant and participatory activities.
- Nutrition education will be included in the Health curriculum so that instruction is sequential and follows the Wisconsin Model Academic Standards for Nutrition. Nutrition education may also be integrated into other classroom instruction through subjects such as math, science, language arts, social science, and elective subjects.
- The district teaches students nutrition education using scientifically-based, up-to-date nutrition information consistent with the Dietary Guidelines for Americans. The District may include in the Health education curriculum the following essential topics on healthy eating:
 - Food guidance from [MyPlate](#)
 - Reading and using FDA's nutrition fact labels
 - Balancing food intake and physical activity
 - Food Safety
 - Social influences on healthy eating, including media, family, peers, and culture.
 - How to find valid information or services related to nutrition and dietary behavior
 - Resisting peer pressure related to unhealthy dietary behavior
 - Influencing, supporting, or avocation for others' healthy dietary behavior

Physical Education/Health Education

The District will provide students with physical education, using an age-appropriate, sequential physical education curriculum consistent with national and state standards for physical education. The physical education curriculum will promote the benefits of a physically active lifestyle and will help students develop skills to engage in lifelong healthy habits, as well as incorporate essential health education concepts. All students will be provided equal opportunity to participate in physical education classes.

- All district students will participate in physical education that meets or exceeds state standards.
 - All District elementary students in each grade will receive physical education for at least 60 minutes per week throughout the school year.
 - All District middle school students are required to take physical education in each grade level.
 - All District High School students are required to take the equivalent of one and a half academic years of physical education.
- Students may be moderately to vigorously active for at least 50% of class time during most or all physical education class sessions.

- All physical education classes in the District are taught by licensed teachers who are certified or endorsed to teach physical education.
- Waivers, exemptions, or substitutions for required physical education classes are not granted unless approved by the building principal.

Physical Activity

The district will integrate at least one evidence-based goal for physical activity across the entire school setting, not just in the cafeteria, other food and beverage venues and physical activity facilities. Research suggests that school-aged children benefit from increased physical activity. Our physical activity goal for the entire district will be to increase the physical activity of our students by using pedometers. All students in grades 4, 8, and 12 will be issued a pedometer by the school and asked to track their steps for one week. Teachers will discuss the health benefits of walking and issue prizes to the student in each grade with the most steps. The district may coordinate and integrate other initiatives related to physical activity, physical education, nutrition and other wellness components so all efforts are complementary, not duplicative, and work towards the same set of goals and objectives promoting student well-being, optimal development and strong educational outcomes.

Other School-Based Strategies for Wellness

The district will integrate at least one evidence-based goal for other school-based strategies for wellness across the entire school setting. Research suggests that there are numerous health benefits associated with increased water consumption. Our goal will be to increase awareness in our student population related to health benefits associated with increased water consumption. Teachers will share information with their students about how water is healthier than soda and other sugary drinks. High school students will be allowed to carry water bottles to all classes and students in the K-8 building will be allowed to keep water bottles in their lockers to drink between classes.

Leadership

- The Superintendent or designee(s) will convene the District Wellness Committee and facilitate development of and updates to the wellness policy and will ensure each school's compliance with the policy.

Policy Monitoring/Implementation

- The District will convene a District Wellness Committee that meets at least once every three years to establish goals for and oversee school health and safety policies and programs, including development, implementation, and periodic review and update of wellness.
- The wellness committee will represent all school levels (elementary and secondary schools) and include (to the extent possible), but not be limited to: parents and caregivers, students; representatives of the school nutrition program (e.g., school nutrition Director); physical education teachers; health education teachers; school health professionals; school administrators, school board members; health professionals and the general public. The district will compile and publish a report to share basic information about wellness policy and report on the progress of the schools within the district meeting wellness goals.
- The District will actively notify households/families of the availability of the report through the District website.
- The wellness committee will update or modify the wellness policy based on the results of the progress reports, and/or District priorities change; community needs change; wellness goals are met; new health science, information, and technology emerges; and new Federal and state

guidance standards are issued. The wellness policy will be assessed and updated as indicated at least every three years or as required by law.

- The district will complete the Triennial Assessment (and all ancillary requirements and activities) every 3 years.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

2. fax:

(833) 256-1665 or (202) 690-7442; or

3. email:

program.intake@usda.gov

This institution is an equal opportunity provider.

Approved: May 7, 2018

Revised: January 10, 2024

Revised: April 10, 2024

Revised: April 24, 2024

BLOODBORNE PATHOGENS & INFECTION CONTROL POLICY

The District assures it will comply with prevailing Lafayette County Health Department Infection mandates for Bloodborne Pathogen & MRSA Control Policy.

Approved: December 16, 2008

SERVICE ANIMALS

The Darlington Community School District recognizes its responsibility to permit students and adults with disabilities to be accompanied by a service animal in its buildings, classrooms, and at school-related functions as required by the Americans with Disabilities Act (ADA). Service animals may also be permitted in particular circumstances under the Individuals with Disabilities in Education Act (IDEA) and Section 504 of the Rehabilitation Act (Section 504).

DEFINITIONS

Service Animal

A service animal means any dog that is individually trained to do work or perform tasks for the benefit of an individual with a disability. This includes a physical, sensory, psychiatric, intellectual, or other mental disability. For the purpose of this definition, other species of animals, whether wild or domestic, trained or untrained, are not service animals. Therapy dogs which are used to provide emotional support, companionship, comfort, or to improve wellbeing do not meet the definition of a service animal based upon this definition.

Work or Tasks Performed

The animal must be individually trained to do something that qualifies as work or a task. An animal that is merely a pet or support animal is not a service animal. The works or tasks performed by a service animal must be directly related to the individual's disability. Examples of work tasks include, but are not limited to, assisting individuals who are blind or have low vision with navigation and other tasks, pulling a wheelchair, alerting a person who is deaf or hard of hearing to the presence of people or sounds, providing non-violent protection or rescue work, assisting an individual during a seizure, alerting an individual to the presence of allergens, retrieving items such as medicine or the telephone, providing physical support and assistance with balance and stability to individuals with mobility disabilities, and helping persons with psychiatric and neurological disabilities by preventing or interrupting impulsive or destructive behaviors.

GUIDELINES

Appropriate Questions About the Service Animal

If an individual requires the assistance of a service animal in order to effectively participate in the educational programs of the Darlington Community School District, the District staff may only ask the individual:

1. If the animal is required because of a disability;
2. What work or task the animal has been trained to perform.

District staff may not ask about the nature or extent of the person's disability or to produce documentation of their disability. The District staff may also not ask for documentation that the animal is certified, licensed, or trained to be a service animal. The District will not make inquiries about a service animal when it is readily apparent that the animal is trained to do work or perform tasks for an individual with a disability (i.e., the dog is observed guiding an

individual who is blind or has low vision, pulling a person's wheelchair or providing assistance with stability or balance to an individual with an observable mobility disability).

Access to Areas of the School

Individuals with disabilities shall be permitted to be accompanied by their service animals in all areas of the public entity's facility where members of the public, participants in services, programs or activities are allowed to go.

Responsibilities of the Individual with a Disability/Handler

- All animals must be kept clean and groomed to avoid shedding and dander.
- All animals must be treated for, and kept free of, fleas, ticks, and other pests.
- The owner/handler of the animal is responsible for keeping the animal under control at all times and is liable for any harm or injury caused by the animal to other students, staff, visitors, and/or property.
- All animals must have a harness, leash, or other tether, unless the individual's disability prevents using these devices or these devices interfere with the service animal's safe, effective performance of tasks. In that case, the individual must maintain control of the animal through voice, signal, or other effective controls.
- The District is not responsible for the care or supervision of a service animal, including walking of the service animal or responding to the animal's need to relieve itself. The owner/handler of the animal is responsible for cleaning up after the animal in a sanitary and timely manner.
- The owner/handler is responsible to keep the service animal from disrupting the educational environment.
- The owner/handler is responsible for ensuring that the animal is in compliance with all vaccination and licensing requirements.

Removal of a Service Animal

The District may ask an individual to remove a service animal from the premises if:

- The animal is out of control and the handler does not take effective action to control the animal.
- The animal is not housebroken.
- The animal poses a direct threat that is of significant risk to the health or safety of others.
- The presence of the animal fundamentally alters the learning or work environment.
Examples may include, but not limited to, science labs, areas requiring protective clothing, technical education classrooms with power tools, and food preparation areas.

Legal Ref: Americans with Disabilities Act
U.S. Department of Justice, Civil Rights Division Resource: ADA 2010
Revised Requirements – Service Animals
Section 504 of the Rehabilitation Act of 1973
Individuals with Disabilities Education Act (IDEA)

Approved: April 18, 2022

NON-SERVICE ANIMALS IN SCHOOLS AND ELSEWHERE ON DISTRICT PROPERTY

Animals permitted in schools and elsewhere on District property shall be limited to those necessary to support specific curriculum-related projects and activities, those that provide assistance to a student or staff member due to a disability (e.g., seizure disorder), or those that serve as service animals as required by Federal and State law.

Taking into consideration that some animals can cause or exacerbate allergic reactions, spread bacterial infections, or cause damage and create a hazard if they escape from confinement, the Principal may permit animals to be present in classrooms to support curriculum-related projects and activities only under the following conditions:

- A. The staff member seeking approval to have a non-service animal in his/her classroom shall:
 1. provide a current satisfactory health certificate or report of examination from a veterinarian for the animal, if required by applicable law or ordinance;
 2. take precautions deemed necessary to protect the health and safety of students and other staff;
 3. ensure that the animal is treated humanely, keeping it in a healthy condition and in appropriate housing (e.g., a cage or tank) that is properly cleaned and maintained; and,
 4. keep the surrounding areas in a clean and sanitary condition at all times; and
- B. Other staff members and parents of students in areas potentially affected by animals have been notified in writing and adjustments have been made to accommodate verified health-related or other concerns.

Except where required by law, the presence of a non-service animal shall be disallowed if documented health concerns of a student or staff member cannot be accommodated.

Approved: April 3, 2023